

**ALEX CHENG, M.D. | RAMIN IPAKCHI, M.D.**

## **Tympanoplasty Ear Surgery Instructions**

### **Before Surgery**

- Do not take any aspirin, Ibuprofen or vitamin E TWO WEEKS prior to surgery unless discussed with the doctor. It will increase the risk of bleeding.
- No medications for this procedure if any pain discomfort Tylenol OTC.
- Wear comfortable clothing the day of surgery.
- **NO EATING OR DRINKING ANYTHING AFTER MIDNIGHT THE DAY BEFORE SURGERY.**

### **After Surgery**

- Plan to relax with your head slightly elevated the first few days.
- Keep your ears dry for the first 24 hours.
- After 24 hours use a cotton ball with some bacitracin ointment or Vaseline in your ears when showering or bathing.
- You will need to do this for six weeks after surgery.
- A nurse will call two days after surgery and at that time will make your follow up appointment if you haven't already done so.
- One week after surgery you will have your first follow up appointment. The stitches will be removed at this time and debris will be, suctioned.
- Five weeks after that will be your second follow up appointment. Prior to this appointment use the ear drops twice a day for one week. Usually; Ciprodex or Floxin Otic 10 drops morning and evening (bedtime is best).
- Expect bloody drainage for the first week. After that drainage will continue off and on until the gel foam comes out.
- Call us if you have any questions or concerns.